



FET CYCLE CHECKLIST

****ALL items must be completed prior to starting your FET cycle****

****IT IS YOUR RESPONSIBILITY TO COMPLETE ALL THE STEPS ON THIS CHECKLIST****

Financial Considerations:

- Self-pay?** - Payment for your FET cycle must be made *in full* before you start treatment. This DOES NOT include your medications.
- Insurance coverage?** An authorization must be obtained from your insurance company and co-insurance payment will be collected by financial counselor – authorization could take anywhere from 1 – 15 business days.

Consents: ALL consents must be signed prior to ordering medications!

- Consents will be assigned to you through DocuSign.
 - COVID-19 Consent
 - Consent to Thaw and Transfer Cryopreserved Embryos

Medications:

- Self-pay?** – Meds will be ordered through a local pharmacy and a fertility specialty pharmacy. Specialty medications will be ordered through Village Pharmacy (877-595-2400) and shipped directly to you. Once BIVF orders, YOU WILL NEED TO CALL TO SET UP SHIPPING AND PAYMENT.
- Insurance coverage?** Meds will be ordered from your local pharmacy and from the specialty pharmacy dictated by your insurance.
 - It is your responsibility to call the pharmacy to set up shipping **AND** determine if a prior authorization is needed.
 - If a prior authorization is needed, **CALL AND NOTIFY BIVF STAFF** – obtaining a prior authorization can take 3-5 business days.

Cycle Education:

- Your FET Cycle education is located on the BIVF website at: <https://www.deaconess.com/The-Womens-Hospital/Services/Fertility-Care>
- Please navigate to “Fertility Resources” to view this **IMPORTANT** information and Frequently Asked Fertility Questions.

- Injection training:** Done through on-line learning modules that will be assigned to you. You will receive an e-mail from EngagedMD and follow the instructions to watch the videos assigned. For additional training videos, please visit: <http://freedommedteach.com/eng/>

ONCE YOU HAVE COMPLETED YOUR IVF CHECKLIST, call the office with cycle day one to plan your FET cycle!

- Cycle Calendar:** A cycle calendar with dates and medication details will be provided once you call with cycle day one. You may need to be on birth control pills briefly prior to starting cycle medications.

PLEASE USE THE RESOURCES PROVIDED TO YOU!! We want you to have a successful cycle – The information that you have been given outlines the process and answers questions that may arise. Your cycle will be easier and less stressful if you have familiarized yourself with the material!