

low libida & Acupuncture

As a part of our comprehensive services at The Women's Hospital, we provide patients with an environment of peace and relaxation at our Center for Healing Arts.



The Women's Hospital

CENTER FOR HEALING ARTS

JOINTLY PHYSICIAN OWNED

Deaconess

Acupuncture stimulates the flow of qi (pronounced "chee") in the body. Qi is the vital energy which flows throughout your body and can be disturbed by factors including cold, stress, diet, drugs and hereditary weakness.

By influencing the flow of qi, acupuncture stimulates the body to heal itself. Most patients report an enhanced sense of physical and mental well-being as a result of treatment.

For more information, call **812-842-4328** or visit **www.deaconess.com/CHA**.

Low Libido and Acupuncture

To understand how acupuncture can improve a low libido, you have to know the underlying factor that is causing the problem. Causes of waning sexual interest include emotional issues, post-childbirth, breastfeeding, onset of menopause, drug reactions, stress, mental and emotional problems, weight gain, relationship conflicts, hormonal imbalances and physical responses, such as pain or inability to reach orgasm.

Acupuncture can offer significant help with sexual problems due to stress or other cases where sexual problems are caused by biological pathologies. According to Traditional Chinese Medicine (TCM), a low libido is seen as an imbalance of vital energy known as Qi, within key organ systems in the body, specifically the kidney and heart. Once the cause of the problem is discovered, specific points are stimulated to alter various biochemical and physiological conditions in order to strengthen both the mind and body to bring you back to prime sexual health.

While conventional medicine may treat some symptoms of lowered libido it can also increase the risk of certain types of cancer and have a number of significant side-effects.

But, acupuncture treatments work synergistically to treat the whole person. In Chinese medicine, due to our diagnostic system, we are able to assess a person's whole constitution, or the health of their whole body. From there we treat the root along with the branch. This means we treat the cause along with the symptoms. It is in this way that we are able to treat a person's whole body and mind, rather than just a symptom.

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