



American Heart Association.

Rise Above Heart Failure®

HF and Your Ejection Fraction Explained

The Ejection Fraction compares the **amount of blood in the heart** to the **amount of blood pumped out**. The fraction or percentage helps describe how well the heart is pumping blood to the body.



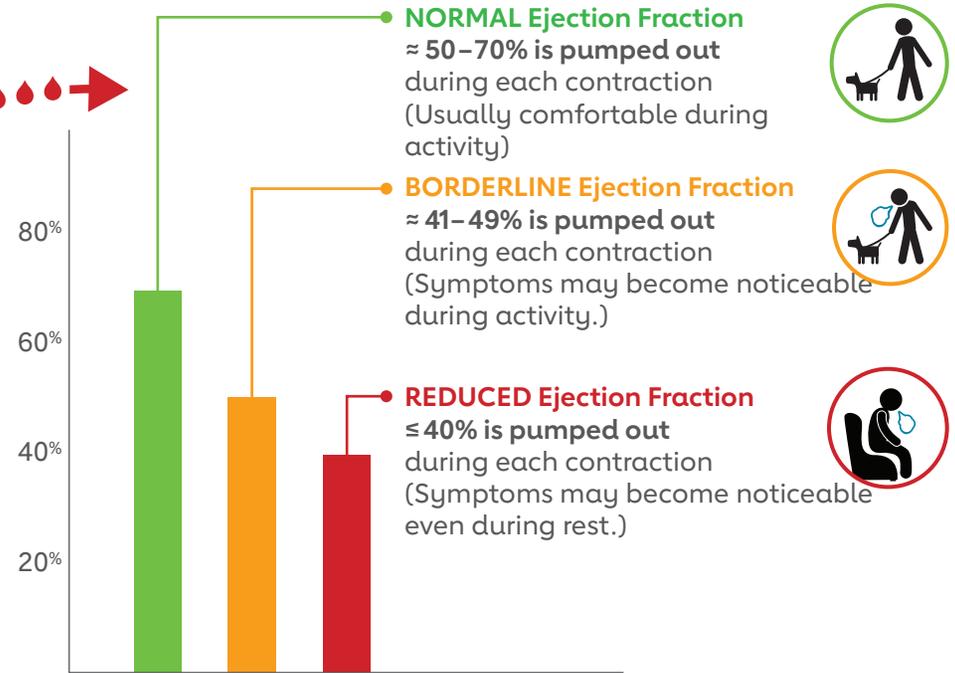
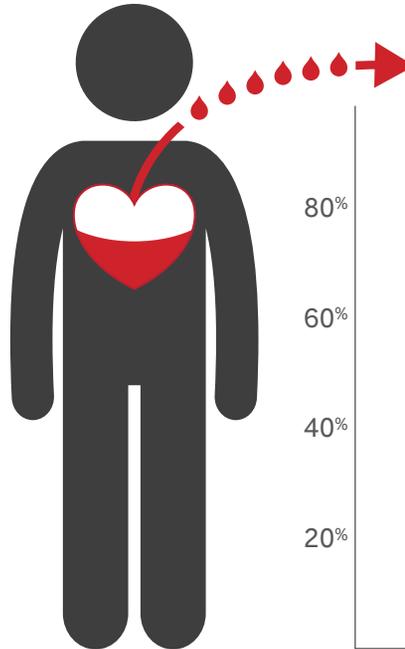
EJECTION FRACTION

=

amount of blood pumped out

amount of blood in chamber

How much blood is pumped out?



It is also possible to have a diagnosis of heart failure with a seemingly normal (or preserved) ejection fraction of greater than or equal to 50%.

Source: 2013 ACCF/AHA Guidelines for the Management of Heart Failure
Source: <http://www.ncbi.nlm.nih.gov/pubmed/22172436>



With the proper care and treatment, many patients are able to improve their ejection fraction and live a longer and healthier life. Talk with your healthcare provider about your options.

www.RiseAboveHF.org

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