

**Patient Name:****Your study is scheduled for:****at****Arrival Time:**

(15 min)

**Location:**  Deaconess Gateway Hospital  
GI Lab, 2<sup>nd</sup> Floor  
4011 Gateway Blvd  
Newburgh, IN 47630 GI Specialty Center  
Medical Office Bldg. 6  
4219 Gateway Blvd.  
Newburgh, IN 47630

If you cannot keep your appointment, please allow a three-day notice for cancellation.  
To cancel or reschedule your appointment, please call the scheduler at 812-426-9545.

**IMPORTANT: Please notify the office at 812-426-9545 as soon as possible if:**

1. You cannot lay flat on your back with legs crossed for up to 30 minutes.
2. You have an implantable device (ICD, pacemaker, stimulator, pumps, etc)
3. You are pregnant or become pregnant prior to exam.

**INSTRUCTIONS FOR PREPARING FOR YOUR STUDY**

1. **Stop** all food or drink at \_\_\_\_\_, THREE hours prior to the study.
2. You may take all medications as prescribed.
3. Wear comfortable, two-piece clothing that will allow your health care provider to expose the right side of your rib cage.

**What is Fibroscan?**

A FibroScan® examination is a non-invasive way to measure the stiffness of your liver. FibroScan® works by emitting a small pulse of energy, called a shear wave, which will feel like a slight tap on your skin. FibroScan® calculates the speed of this energy to give your health care provider an immediate measure of the stiffness of your liver. Your physician may recommend this study if you have one of the following chronic liver conditions: hepatitis B, hepatitis C, alcoholic liver disease, non-alcoholic steatohepatitis (NASH), autoimmune hepatitis, cirrhosis, genetic diseases such as hemochromatosis and Wilson's disease.

**How does Fibroscan work?**

For the study, you will lie on your back with your right arm raised behind your head and your right abdominal area exposed. A nurse will perform the study by placing a water based gel to your skin and then placing a non-invasive probe over your liver. The test is pain free and usually takes no more than 30 minutes.

**After the study:**

You may drive yourself home and resume your normal daily activities. You may restart your normal diet. Your physician will interpret the study and contact you with results.

