



Meet Our Family Medicine Residents



Daren Woodward, DO Class of 2026

ABOUT ME

I grew up in Kansas City, Missouri. I paid for undergrad by working in my dad's shaved ice stand since I was fourteen. I went to Brigham Young University for my undergrad in Exercise Science, then medical school at Alabama College of Osteopathic Medicine. The aspect of medicine I am most interested in is getting to know my patients and building relationships with them as I continue to provide care for them and their families throughout their different stages of life and seeing a wide variety of cases.

My wife Camille and I have two awesome kids—Remi and Atticus. I love to be with my family, they are a huge part of who I am and why I want to be a good resident/doctor.

WHY CHOOSE DEACONESS?

I chose DFMR because of their strong emphasis on family, not only do they have great FM Residency, but they care about our individual families as well. Additionally, I knew I would receive excellent training, and this is a place where I will be the best doctor I could be. My wife also really liked the area when we came to visit so there was no other place we wanted to be.

HOBBIES/INTERESTS

My hobbies have varied over the years, but I will always have a love for basketball as well as other sports. But with my limited time I have found a liking for audiobooks. I never liked to read growing up, but my wife introduced me to Brandon Sanderson, and I have been hooked ever since. I have expanded into listening to other novels too and I'm always looking for good recommendations. I also recently acquired a liking for grilling and fixing up the house – I give out those "dad life" vibes ... just watch for me mowing the lawn and turning my white New Balance's green. I also speak Spanish fluently and I like to play chess on my phone when I have free time.