



Meet Our Family Medicine Residents



Nathan Stoneking, DO Class of 2026

ABOUT ME

I grew up in Roseville, CA and enjoyed the proximity of the mountains and the ocean. I attended Brigham Young University in Provo, UT where I earned a Bachelor's and Master's degree in Public Health. During my studies I met my wife and we were married a few months before beginning medical school. We traveled down to St. George, Utah for medical school at Rocky Vista University, and we loved exploring Zion's National Park and the red rock in southern Utah.

WHY CHOOSE DEACONESS?

During my interview it was clear to me that on top of having caring and intelligent faculty, Deaconess was a family friendly program that provided excellent training while also placing an emphasis on physician well-being. I also liked that it was an unopposed program. I see myself working in a family medicine clinic after residency. I am excited to gain experience in sports medicine, dermatology procedures, neurology, and many other fields.

HOBBIES/INTERESTS

In my free time I enjoy reading, playing the organ, and playing sports, including soccer, volleyball, and pickleball. I also enjoy cheering on the San Francisco Giants. I love spending time at home with my wife and kids. We like going for walks, playing games, and watching movies together.