# dh Deaconess ANTICOAGULANT AND ANTIPLATELET MEDICATION REVERSAL

1: Identify the medication

2: Stop the medication 3: Confirm time of last dose

#### Emergent-Life-threatening bleeding. Immediate action needed:

Hold anticoagulants and consider giving a specific antidote and/or a pro-coagulant agent (see table below) Consider laboratory analysis for baseline values and if necessary to modify the therapy. Therapy may be initiated prior to lab results being posted

#### Urgent-Non-life-threatening bleeding. Potential intervention within 6-12 hours:

Hold anticoagulants and consider giving a specific antidote and/or a pro-coagulant agent (see table below) Consider laboratory analysis for baseline values and if necessary to modify the therapy.

### Non-Urgent-Non-bleeding patient. 12-24 hours or greater:

Hold the anticoagulant. Consider additional laboratory analysis and reassess bleeding risks.

Drug: Agent Type	Monitor	Half-life (t1/2)	Reversal Recommendation	Administration/Miscellaneous
Vitamin K antagonist: Coagulation factors II, VII, IX, X; anticoagulant proteins C, S	Monitor PT/INR	20-60 hrs	<ul> <li>Determine risk (emergent, urgent, non-urgent for appropriate intervention)</li> <li>Non-Urgent: Hold the anticoagulant. Consider additional laboratory analysis and reassess bleeding risks. Consider Vitamin K 2.5 to 5 mg PO x 1 based on INR.</li> <li>Urgent: Phytonadione (Vitamin K) 10 mg IV over 30 minutes <ul> <li>Vitamin K ALONE can significantly reverse the INR within 6-8 hours and should be considered as a sole agent if no intervention is needed until that time.</li> </ul> </li> <li>Emergent: PCC 4 factor (Kcentra) 1500 units IV PLUS Vitamin K 10 mg IV over 30 minutes <ul> <li>Dose may be repeated (max 5000 units)</li> </ul> </li> </ul>	<ul> <li>FFP: plasma can be used if 4FPCC is unavailable.</li> <li>FFP may require 2 or more adult doses for total reversal and may exceed 6 hours o single adult plasma dose = 10-15ml/kg</li> <li>If INR remains elevated post single dose and/or the patient is still experiencing uncontrolled bleeding, redosing of PCC can be considered. Max dose is 5000 units. Redosing of Vitamin K is rarely indicated, but may be given after 12 hours of original dose.</li> </ul>
Anticoagulant: Heparin (UFH); binds to antithrombin; inactivates Xa; inactivates IIa; indirect thrombin inhibitor	aPTT; Monitor platelet count	90 minutes	<ul> <li>Img protamine/100 units of IV heparin infused over 10 mins; max dose = 50mg protamine repeating to calculated amount</li> </ul>	<ul> <li>IV slowly -over 10 mins</li> <li>Beware anaphylactoid reaction; &gt;50mg/dose</li> </ul>
Anticoagulant: enoxaparin (Lovenox; LMWH); binds to antithrombin; inactivates Xa	aPTT; Monitor platelet count	7-12 hrs ~ upon renal function	<ul> <li>Activity 60% neutralized by protamine; ≤ 8hrs; give 1mg protamine/1mg enoxaparin. Last dose &gt; 8hrs—give 0.5mg protamine/1mg enoxaparin</li> <li>Second dose needed: 0.5mg protamine/1mg of enoxaparin 2-4 hrs after the first. Max dose of 50mg protamine.</li> </ul>	• See UFH
Anticoagulant: fondaparinux (Arixtra); binds to antithrombin; inactivates Xa; a heparinoid.	Monitor platelet count; thrombocytopenia is rare.	17-21 hours	<ul> <li>None</li> <li>(None of the following products has been shown to reduce bleeding in these pts; however, there is no direct antidote for fondaparinux)</li> </ul>	<ul> <li>Supportive care; blood components</li> <li>PCC 4 factor (Kcentra contains heparin) 25 units/kg with repeat dose of 25 units/kg if needed for Factor Xa inhibitors and fondaparinum (max 5000 units)</li> </ul>
Thrombolytic: recombinant tissue plasminogen activator	Monitor neurologic exam; PT and aPTT, fibrinogen, platelet count.	~5 min	<ul> <li>TXA 1gm IV bolus over 10 mins followed by 1gm gtt over 8 hours</li> <li>1 Cryoprecipitate dose (1 adult dose = 5 pooled units)</li> <li>Platelets (single adult dose = 1 unit)</li> </ul>	<ul> <li>If TXA contraindicated: use Amicar (contact pharmacy for dosing)</li> <li>Keep fibrinogen ≥ 150 mg/dl</li> </ul>
Factor Xa inhibitor: oral 1) Rivaroxaban (Xarelto) 2) Apixaban (Eliquis) 3) Edoxaban (Savaysa) 4) Betrixaban (Bevyxxa)	PT/INR (if normal, less likely that drug is contributing to ongoing bleeding)	<ol> <li>5-9 hrs and elderly 11-13 hrs</li> <li>8-15 hrs</li> <li>9-11 hrs</li> <li>19-25 hrs</li> </ol>	<ul> <li>Vitamin K is NOT effective</li> <li>Supportive care</li> <li>PCC 4 factor (Kcentra contains heparin) 25 units/kg with repeat dose of 25 units/kg if needed for Factor Xa inhibitors and fondaparinum (max 5000 units)</li> </ul>	<ul> <li>If initial interventions do not control bleeding:</li> <li>Consider plasma (adult dose = 15 ml/kg)</li> </ul>
<b>Oral platelet inhibitors:</b> 1) Clopidogrel (Plavix-P2Y <sub>12</sub> ) 2) Prasugrel (Effient-P2Y <sub>12</sub> ) 3) Ticagrelor (Brilinta-P2Y <sub>12</sub> ) 4) Vorapaxar (Zontivity-Par1)	Monitor bleeding, Hct, Monitor platelet function (VerifyNow: plt function test)	1) - 6 hrs 2) - 7 hrs 3) - 7 hrs 4) - 8 <b>days</b>	<ul> <li>Platelets</li> <li>Start with single unit (single unit= 1 adult dose)</li> <li>Utility of platelet transfusion in critical bleeding patients remains under investigation.</li> <li>DDAVP (caution: fluid overload) 0.4 mcg/kg IV x 1. Max dose of 20 mcg.</li> </ul>	<ul> <li>Platelet count &gt; 50 for major surgery/100k for neurosurgical/ophthalmic.</li> <li>DDAVP 0.4 mcg/kg in 50 ml NS over 15-30 mins.</li> <li>Platelet transfusions have not been shown to improve clinical outcomes; however, the recommendations provided are based on the most recent neuro/critical care guidelines.</li> </ul>
<b>Direct thrombin inhibitor:</b> (oral) dabigatran (Pradaxa)	APTT: (if normal, less likely that drug is contributing to ongoing bleeding)	(t1/2=12-17 hours but much longer with renal impairment)	• Idarucizumab 5g, provided as two separate vials each containing 2.5g/50ml; give one after the other. Limited data supports administration of an additional 5g of idarucizumab (Praxbind)	

## **REFERENCE LIST**

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