

## 2024 Wise Choice at the Fall Festival

Item	Booth	Calories	Saturated Fat	Sodium	Carbs
Stuffed Pepper Soup	#8 - Eagle's View Church	346 calories	0.1g fat	436mg sodium	27g carbs
Sticky Rice (Mango or Pina Colada)	#13- Unitarian Universalist Church of Evansville	363 calories	7.5g fat	72mg sodium	72g carbs
Non Acidic Coffee	#16- Hoof Beats Therapeutic Riding	0 calories	0 fat	0 sodium	0 carbs
Streen Corn (Elote)	#38 - USI Art Club	191 calories	7.4g fat	369mg sodium	26.4g carbs
Fajita Chicken Salad	#39 - Westside Kiwanis Club	237 calories	5g fat	356mg sodium	18.3 carbs
Apple Slices with Caramel	#47 - Evansville Racing Pigeon Club	147 calories	.5 fat	74mg sodium	# carbs
Hay Stack	#47 - Evansville Racing Pigeon Club	398 calories	4.3g fat	501mg sodium	carbs
Shaved Hawaiian Ice - Sugar Free	#49 - Vanderburgh Republican Party	0 calories	0 fat	5mg sodium	0 carbs
Sugar Free Blueberry Bundt Cake	#85 - Christ Gospel Church	92 calories	7.5g fat	110mg sodium	62mg carbs
Sugar Free Apple Dumplings	#85 - Christ Gospel Church	353 calories	4.77g fat	389mg sodium	22g carbs
Sugar Free Banana Nut Bread	#85 - Christ Gospel Church	63 calories	.66g fat	110mg sodium	9.4g carbs

Sugar Free Pumpkin Bread	#85 - Christ Gospel Church	98 calories	.535g fat	156mg sodium	14g carbs
Sugar Free Apple Pie	#85 - Christ Gospel Church	206 calories	3.3g fat	133mg sodium	39g carbs
Banana Nut Bread	#85 - Christ Gospel Church	101 calories	.69g fat	103mg sodium	18g carbs
Pumpkin Bread	#85 - Christ Gospel Church	156 calories	.535g fat	156mg sodium	13g carbs
Zucchini Bread	#85 - Christ Gospel Church	139 calories	.56g fat	96mg sodium	24g carbs
Sugar Free Apple Butter (1 tbs)	#85 - Christ Gospel Church	15 calories	0g fat	0mg sodium	4g carbs
Frozen Red Grapes	#88 - Saint Wendel Church	68 calories	.1 fat	2mg sodium	17.74 carbs
Bosse Chicken - Jerk, BBQ, Buffalo or Plain	#91 - Pride of Bosse	165 calories	1.5g fat	470 sodium	3 carbs
Southwest Corn Salsa (no chips)	#92 - St. Philip	189 calories	3g fat	80mg sodium	37.79g carbs
Meatballs with Marinara	#97 - Greater EVV Figure Skating Club	338 calories	3.5g fat	450mg sodium	11.3g carbs
Carrots and Celery (with ranch dressing)	#97 - Greater EVV Figure Skating Club	198 calories	2g fat	328mg sodium	8g carbs
Elote (Mexican Street Corn) 1/2 Ear	#98 - Marian Outreach Academy and All Saints Parish	191 calories	3.5g fat	171mg sodium	21.4g carbs
Pork & Pineapple Street Taco (Al Pastor Taco)	#98 - Marian Outreach Academy and All Saints Parish	229 calories	2.5g fat	414mg sodium	17.8g carbs

<b>Chicken Street Taco (Pollo Taco)</b>	#98 - Marian Outreach Academy and All Saints Parish	167 calories	0.1g fat	236 mg sodium	14.1g carbs
<b>Portobello Mushroom Sandwich</b>	#99 - Harwood Booster Club	156 calories	0 fat	236 sodium	30 carbs
<b>Sour Grapes</b>	#100 - St. Peter's UCC (Highland)	26 calories	.1 fat	11 sodium	4.1 carbs
<b>Fruit Haystacks</b>	#104 - Alpha Sigma Alpha	210 calories	2g fat	32mg sodium	
<b>Cajun Black Bean Burger (no bun)</b>	#108 - It Takes A Village Rescue	110 calories	4 fat	330 sodium	13 carbs
<b>Lemon Shake Up (with Stevia)</b>	#126 - Building Blocks	7 calories	0 fat	18 sodium	21 carbs
<b>Jungle Fruit Salsa</b>	#134 - Tekoppel Tiger Den	81 calories	.2g fat	2mg sodium	20g carbs